



HEART OF LANCASHIRE APPEAL



What would you do if:

**your Husband, Wife or Colleague were to suffer
a Heart Attack
or a Cardiac Arrest (when the heart stops beating)**

Take a few moments to think about it!

The Heart of Lancashire Appeal together with Lancashire Ambulance Service NHS Trust aims to: -

Help your community train residents to recognise the signs & symptoms of a Heart Attack & create a First Responder scheme.

First Responders are volunteers who, after training by Lancashire Ambulance Service, attend emergency 'heart related' calls within their own community to assist the patient until the Emergency Ambulance arrives. First Responders are trained to use the 'Automated External Defibrillator' that is designed to restart the heart.

A scheme has been started covering Mellor, Mellor Brook, Balderstone & Osbaldeston.

For further information and the times of the next training sessions, please contact

Cathy Evans, co-ordinator
Tel: 01254 813297 Mob: 07754 265 468

**First Responders do save lives!
You could make a difference!**

The Heart of Lancashire Appeal is a registered charity no. 1066294



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